



FATHERS-TO-BE

Learning to ride the waves of pregnancy, birth and early fatherhood

Newsletter

Fathers' Day 2009

'Fathers Make a World of Difference'

Fathers-To-Be supports expectant and new dads through reinforcing their relationship with themselves, their partners, their babies, and the healthcare professionals caring for the family. Riding the waves of pregnancy, birth and early parenthood involves supporting a woman's rhythm while learning to maintain your own balance.

Upcoming Events:

Fathers-To-Be Dads' class - two afternoons in Brighton for expectant and new dads on Saturday, 4th AND 18th July, from 1-4 PM £20 (includes F2B Handbook). Please let dads know. Call to reserve your place. 01892 890614

NCT National Conference: F2B presenting a morning 'Breakfast Session', "The Magic of Fathers at Birth". As well as having a table with many of our great products.

Latest F2B News:

Celebrating: F2B Patrick Houser's presentation at Association of Pre and Perinatal Psychology and Health Conference in Asilomar, CA, USA, "Protecting the Cave, a new father has arrived", was a great success. This event also marked the launch of the USA edition of the Fathers-To-Be Handbook.

Pre-Launch: Father2Father - is an internet driven, voluntary, social & mentoring network for expectant and new dads. Dads coming together for peer support. The F2B website will act as the hub for dads to, "Find a meeting near you...or host one". Stage one has begun with a WebRing for websites supporting dads to link in. So if you run a dads website, or one keen to support dads, see Father2Father on website and please contact us. We could also use some funding support for this initiative.

Orgasmic Birth - Feature Documentary Film screening at Normal Labour and Birth Conference in Cumbria. Great networking with childbirth professionals, sociologists, anthropologists and researchers from the UK and around the globe.

New Orgasmic Birth preview clip available on F2B site.

HypnoBirthing Conclave - F2B's Patrick Houser will be presenting the Keynote, Opening address at the 20th anniversary HypnoBirthing Conclave in Florida, 11-13 September. The talk is titled, "Fathers, the Miracles the Myths and the Magic". See www.hypnobirthing.com for details or to book attendance.

Media:

Prenatal Education for World Peace A great new YouTube video on the prenatal life of babies. Highly recommended. www.fatherstobe.org/philosophy.htm

DadLabs.com - A fabulous website with humour and style. They produce a new video weekly on various topics of interest to dads and their families. Check it out.

FTB's Elmer Postle Poetic 'little film'-, 'Inside Out', on a birth theme released onto youtube. <http://www.youtube.com/watch?v=DrPUyC6yVvI>

La Leche League International magazine, New Beginnings, August edition, to feature an article by Patrick Houser, "Breast is Best...for Dads too". It will be available in print through LLL as well as through, lli.org and FathersToBe.org/resources.htm .

F2B website has added a new section on breastfeeding chock full of useful information and links for dads to learn more about this all important ingredient in a family

Books we recommend:

The Secret Life of Babies by Dr. Mia Kalef ... is a scholarly yet very readable body of work. As one discovers, and perhaps hopes by virtue of the title's promise, *the secret life of babies...thanks to Dr. Kalef... is not a secret anymore*. See web for more, www.fatherstobe.reviews.htm

ALSO: If you have not heard that a **SIDS prevention** method has been 100% successful since 1989, listen up. Mattress wrapping has been proven 100% effective in preventing crib death. How is the possible? And WHAT is mattress wrapping? See www.prevent-sids.org

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YOU CAN SUPPORT US WITH CHARITABLE GIVING/DONATIONS

The work we are doing is meeting with a positive response and we have a need for financial support. If you or anyone you know would like to contribute fundraising skills or make contributions through the Reg. Charity, The SOURCE Foundation International(# 1106472), please contact us or make donations to: Lloyds TSB, Acct # 3050230, Sort code 30 98 77